ADULT PIANO CLUB

Enriching Life Through Music

**Why Study Piano as an Adult?**  
  
 There are many possible reasons to study the piano. Maybe you ...  
  
 Took piano lessons as a child, and would like to continue where you left off   
 Have never played, but always wanted to play the piano   
 Have had a difficult experience and seek a satisfying hands-on activity as therapy

or to improve self-esteem   
 Have had a major life change, re-examined your interests, and decided you would

enjoy the personal satisfaction of a stimulating creative outlet   
 Wish to improve your discipline and your ability to focus your concentration   
 Would like to calm your mind and relieve stress   
 Are retired, and seek an engaging activity to occupy your leisure time   
 Wish to enhance your brain function, mental fitness, alertness and memory   
 View life as an adventure and welcome the fresh energy of a new project   
  
 Whatever your reason, you can have a fulfilling experience learning to play piano!

**WEEKLY LESSONS AND** **CLUB MEETINGS**

**The Adult Piano Club is and exciting experience for adult pianists to explore the many facets of piano playing in a supportive, fun atmosphere that promotes a positive attitude towards practicing and performance.**

**Please contact Anna Stembler-Smith**

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