

SEPT-OCT-NOV 2017

This fall at BFR



Bluffton Family Recreation • 215 Snider Road • Bluffton, Ohio 45817
www.bfronline.com • 419-358-4150

Bluffton Fall Festival

Craft home expo,
open house during
Sept. 23 fall fest'

Bluffton Family Recreation, will hold an open house and craft home expo from 9 a.m. to 2 p.m. during the Bluffton Fall Festival, Saturday, Sept. 23.

To be part of the expo contact BFR at 419-358-4150.

Open house visitor opportunities:

- meet the BFR staff
- tour the facility
- watch demonstrations of exercise equipment.
- pumpkin painting, \$1

Membership discounts for new members will be offered during open house hours.

BFR will be on the fall festival shuttle bus route with other participants in the fall festival.

Registration underway

Two six-week fall sessions for youth

Two six-week program sessions for youngsters will begin soon. Session 1 begins the third week of September and continues until Friday, Oct. 27. Session 2 begins Sunday, Nov. 7, and continues until Friday, Dec. 15. Parents may register children for either or both sessions now.

Session 1

(Class fees have members listed first, non-members second)

- **Tennis:** Call BFR for details
- **Rookie Sports** - Tuesdays, 4:15 to 5 p.m., 4-5-6 year olds, (\$20; \$35) *Minimum class of 5*
- **K-3 Basketball**, Thursdays, 3:30-4:30 p.m., (\$20; \$35) *Minimum class of 5*
- **Tiny Tots** - Wednesdays and Fridays, 18 months to 5 years, (7-week session), 10-10:30 a.m. (\$15; \$30)
- **Open Play** - Wednesdays and Fridays, 11 a.m. to noon, (free for members, \$1 per child for non-members)
- **K-6 Dodgeball** - Fridays, 3:30-4:30 p.m., (\$15; \$30) *Minimum class of 5*

Kid's night out set for Sept. 29

A kid's night out takes place at BFR from 6 to 9:30 p.m., Friday, Sept. 29. It is open to youth ages 4 to 12. The evening includes lots of fun and games including flashlight tag. Drinks and pizza are included. Registration is underway at \$15 for members and \$20 for non-members. Registration deadline Wednesday, Sept. 27.



BFR indoor soccer leagues sign-up underway

Registration and Payment Information

*Completed registration and minimum \$50 (non-refundable) deposit is required to reserve a spot.

Divisions are filled based on the order that registration forms and fees are received. Divisions may fill BEFORE the deadline! Entries received after divisions are filled may be considered, but not guaranteed. Based on the number of teams in each division, dates and times are subject to change. Any schedule requests must be made at the time of registration. They will be considered by not guaranteed.

* Full team payment and signed roster are due by the first week of each session.

Divisions and schedules

Division	Match day and times
U8	Mondays, 6, 7 p.m.
U12	Tuesdays 6, 7, 8 p.m.
U8-U10 girls	Saturdays 8, 9, 10 a.m.
U12-15 girls	Saturdays 11,12, 1 p.m.
U15 (MS)	Saturdays 2, 3, 4 p.m.
High school	Thursdays 6, 7, 8, 9 p.m.
High school coed	Saturdays 5, 6, 7, 8 p.m.
Adult Recreational	Sundays 1, 2, 3, 4 p.m.
Adult Competitive	Sundays 5, 6, 7, 8 p.m.

Session details

Session I: Nov. 5 to Dec. 9, 2017

5 weeks
Team fee: \$460
Deadline: Oct. 20

Holiday tournament: Dec. 10-16

All divisions - deadline: Nov. 26

Session II: Jan. 7 to Feb. 10, 2018

5 weeks
Team fee: \$460
Deadline: Dec. 22

Session III: Feb. 11 to March 24

5 week league plus tournament
Team fee: \$475
Deadline: Feb. 2

Session IV: April 8 to April 29

4 week league for adult divisions only
Team fee: \$360
Deadline: March 23

Amy Byers named sports coordinator

In August, Amy Byers was named BFR sports coordinator.

The 2009 Bluffton University Health, PE and Recreation graduate, previously served as BFR's sports coordinator, was a member of BFR's board, and as a university student, worked the BFR front desk.



Upon the recent resignation of Joseph Beagle, BFR director, the BFR board approached Byers to return as its sports coordinator.

Byers will organize leagues, programs, promote BFR and work on building class enrollment, according to Amy Blackburn, BFR board president. BFR members will find Byers in the building Mondays through Fridays.

For the past three years, Byers was a Bluffton University alumni office engagement associate.

Amy and her husband, Jared, are parents of Ellery, 2 ½ years old. Jared, intervention specialist for fifth through 10th graders in Bluffton schools, is also the BHS girls' varsity soccer coach and is an assistant junior high girls' basketball coach. Jared is a BHS grad and also a graduate of Bluffton University.

SilverSneakers 3 times weekly

BFR now offers classes three a week through the Healthway SilverSneakers Fitness program.

The program is for older adults and involves regular physical activity. Each class session lasts between 45 and 60 minutes held on Mondays, Wednesdays and Fridays at 9:45 a.m. at BFR. The Monday class is a new option in the program.

The sessions not only force movement, but also help participants who have joint pain and arthritis issues. Sessions enable participants to strengthen bones and muscles, improve balance, reduce the risk of cardiovascular disease, reduce stress and enhance mood.

The program is designed for older adults offered through Medicare health plans at no additional cost.

Become a BFR member - here's all the details:

Includes unlimited use of the facility, track, gymnasium and Fitness Center (14 years and older), plus program fee discounts.

Full-year prices:

- Family \$434
- Single parent family \$308
- Adult individual \$330
- Adult senior (55+) \$227
- Youth senior (14+) \$227

Short-term prices:

- 1-month individual \$37
- Fall individual (3 months) \$100

Track pass

Includes unlimited use of indoor track

- Adult - 6 months \$110
- Adult senior - 6 months \$75
- Adult - 3 months \$65
- Adult - 1 month \$25

Recreation Pass

Includes use of gym and arena during designated hours, plus unlimited indoor track use.

- 10 visit Recreation Pass \$45
- Annual Family Recreation Pass \$225

Fall building hours

- Mondays-Fridays:
5:30 a.m. - 8 p.m.
- Saturdays: 8 a.m. - 1 p.m.
- Sundays: 1 - 5 p.m.



United Way partner!

Bluffton Family Recreation is proud to be a part of the Bluffton-Beaverdam-Richland Township United Way. The United Way supports BFR scholarships for memberships and program fees!



**Bluffton
Family
Recreation**

**215 Snider Road
Bluffton, Ohio 45817**

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Non-scary Halloween party Oct. 21

A non-scary Halloween party is planned from 1 to 3 p.m., Saturday, Oct. 21. The event includes crafts, games and costume judging. The party is open to the community.

Adult volleyball league starts in October

Team sign-up is underway for an adult volleyball league. Games are Wednesdays from 6 to 9 p.m. Oct. 1 to Nov. 18. Team registration is \$150. Game officials will be provided. Registration deadline is Sunday, Sept. 24.

Staff positions available at BFR

BFR, 215 Snider Road, Bluffton, has several part-time staff openings this fall. These include:

- Front desk staff • Soccer scorekeepers
- Youth sports class instructors • Volleyball officials

To inquire about any of these positions call BFR, 419-358-4150.

Adult fall fitness class schedule

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
	7:30 a.m. <i>Total Body Conditioning</i>		7:30 a.m. <i>Total Body Conditioning</i>	7:30 a.m. <i>Total Body Conditioning</i>
8:30 All Star Workout	8:30 a.m. <i>Water Exercise II at Maple Crest</i>	8:30 a.m. All Star Workout	8:30 a.m. <i>Water Exercise II at Maple Crest</i>	8:30 a.m. Yoga Fit
9:30 <i>Water Exercise I at Maple Crest</i>	9:30 a.m. <i>Water Exercise I at Maple Crest</i>	9:30 a.m. <i>Water Exercise I at Maple Crest</i>	9:30 a.m. Water Exercise I at Maple Crest	
9:45 a.m. SilverSneakers		9:45 a.m. SilverSneakers		9:45 a.m. SilverSneakers
5 p.m. <i>Aqua Zumba at Maple Crest</i>				
6 p.m. <i>Aqua Fit at Maple Crest</i>		6:30 p.m. Yoga Fit at Bluffton Public Library		

1 visit: \$4 member; \$6 non-member **7 visits:** \$28 m, \$42 nm **14 visits:** \$52 m, \$78 nm **32 visits:** \$112 m, \$170 nm
 * BFR reserves the right to cancel a session if fewer than three are checked in by starting time.
 BFR always offers your FIRST CLASS VISIT for FREE with this flyer! Attend classes as your schedule allows!
 Classes in italics are either 40 or 45 minutes.