

# *Maple Crest Moments*



**January 2011**



# WHAT'S HAPPENING AT MAPLE CREST!

**Monday, January 3 at 3:30 PM**

Snowflake/Buckeye Craft in the Craft Room. Join Betty Burkholder in creating a cute set of buckeyes attached to snowflakes with "Scarlet and Gray" OSU beads. These will be prizes at the "Sugar Bowl" party!

**Tuesday, January 4 at 12:00 NOON**

Primetimers at St. John Mennonite Church. Feel welcome to attend this gathering specifically created for seniors. The program will be a surprise this month. Maple Crest will provide the food item to share at the pot-luck meal. Please sign up for transportation loading at 11:15 AM.

**Tuesday, January 4 at 3:00 PM**

Wii Bowling in the Family Room. Enjoy a game of bowling with just a flick of the wrist, a remote control and a TV screen. Try it out or just come and watch others make a strike!

**Tuesday, January 4 at 7:00 PM**

Sugar Bowl Party in the Patio Room. Watch OSU versus Arkansas! Kick-off is at 7:30 PM, so we'll enjoy hearty appetizers, some football trivia fun, and prizes, beginning at 7:00 PM.

**Thursdays, starting on January 6 at 4:00 PM**

Bible Study in the Family Room. Pastor Robert Ramseyer, former missionary to Japan and member of First Mennonite Church, will lead the Bible studies for the four Thursdays in Jan. All residents are welcome to participate.

**Friday, January 7 and 21 from 1:30-2:30 PM**

Crochet/Knitting Circle in the Family Room. Come learn to crochet or knit with Kimberly Hansen from Riverbend. There is also an opportunity to help create baby blankets for Haiti. Note that this Circle will only meet on the first and third Fridays of each month beginning now.

**Friday, January 7 at 2:30 PM**

Birthday Party in the Rose Dining Room. Come and celebrate with all those who have birthdays in January!

**Monday, January 10 at 11:15 AM**

Dine and Shop. Dine at "Bob Evans" in Lima and then shop at the Lima Mall or at Meijer.

**Monday, January 10 at 12:00 NOON**

Senior Citizens Center Pot-Luck Meeting. Due to winter weather, the monthly meetings at the Senior Center change to noon pot-luck meals, starting this month. Each person is encouraged to bring a dish of "finger-type" food to share. The program will be Elaine Rich reciting school days poetry. Sign up for the Maple Crest car leaving at 11:30 AM, with the return trip by the Senior Citizen Center's bus. No other reservation is necessary.

**Monday, January 10 at 1:30 PM**

Food Committee Meeting in the Living Room. Help evaluate and plan meals at Maple Crest.

**Monday, January 10 at 2:00 PM**

Fingernail Spa in the Craft Room. Joan Fredericks, of "Nails by Joan," her colleague, Nicole, and Heidi Farling Wise, of "Village Cut and Curl" will file and polish fingernails for free this month. Sign up for specific time frames.

**Tuesday, January 11 at 1:30 PM**

Resident Life Council in the Patio Room. Learn all about what is happening at Maple Crest through reports by the CEO, the Manager, and standing committees. Also, right at the end of the meeting this month, Bob Bowersox will share about his hobbies of tole painting and woodworking to continue the September 2010 National Assisted Living Week's theme "Living Life to the Fullest!"

**Wednesday, January 12 at 8:30 AM**

Senior Citizens Breakfast at the Bluffton Middle School. Enjoy a hearty breakfast, free of charge, with friends from the Bluffton community. Then, sit back, relax and be entertained by the Bluffton High School Strings group. Sign up for transportation loading at 8:10 AM.

# WHAT'S HAPPENING AT MAPLE CREST!

Continued

**Thursday, January 13 at 1:00 PM**  
Bluffton Public Library in the Maple Crest Library. Find Leslie Liberato, the outreach librarian, at our library at 1:00 PM before she distributes books to residents in their rooms. See Debbie to fill out a form to join this program.

**Thursday, January 13 at 2:30 PM**  
Welcome Committee in the Family Room. Help finalize all plans for the January "New Resident Welcome."

**Thursday, January 13 at 6:30 PM**  
ONU Senior Piano Recital in the Living Room. Feel welcome to invite your family or friends to join you for this recital by one of Rebecca Casey's students, Faith Heflin. Faith is preparing for her senior recital in February at ONU and appreciates an opportunity to play for an audience before that big day.

**Friday, January 14 at 2:30 PM**  
Organ Hymn Sing in the Orchard Dining Room. Join in song as organist Dorothy Bush plays favorite hymns and choruses. Rest your voice and enjoy her expertise on the organ.

**Monday, January 17 at 3:30 PM**  
Baby Bundles in the Craft Room. Come help assemble a gift for mothers giving birth at the Bluffton Hospital. These small bundles consist of a home-made burp cloth folded around a baby spoon, and tied with a pair of knitted or crocheted mittens and a little hat.

**Thursday, January 20 at 1:30 PM**  
Young at H'art in the Craft Room. Janette Reineke will bring out the artist in each resident participating in her class.

**Friday, January 21 at 1:30 PM**  
MMH Visit. Visit with personal friends at the Mennonite Memorial Home. Sign up for transportation leaving at 1:30 PM. The bus will return to Maple Crest at 3:00 PM.

**Monday, January 24 at 2:30 PM**  
Book Club in the Family Room. Discuss the book "Ava's Man" by Rick Bragg. Pick up the next month's book at the meeting.

**Monday, January 24 at 3:30 PM**  
"Winter Wonderland" Gathering in the Orchard Dining Room for the Assisted Living residents. Sometimes it is helpful to meet in smaller groups, so this is one opportunity to do just that. The Assisted Living residents are invited to join Debbie for an hour of winter stories and fun, with the option of creating a cute snowman out of a washcloth! Hot drinks will be served.

**Tuesday, January 25 at 3:00 PM**  
New Resident Welcome in the Patio Room. Honor our newest Maple Crest residents with your presence at this event where they will officially be welcomed into our community. Entertainment will be Mr. Don Hindenach singing folk guitar pieces. Corinne Lee and Lucille Bucher will be making "Rosettes" for the main refreshment — a real treat!

**Wednesday, January 26 at 1:15 PM**  
Music with Jimmy in the West Great Room. Sing-a-long with Jimmy on favorite piano pieces, or just relax and enjoy his tunes. This will be Jimmy's first time back after some health issues. Come and welcome him!

**Thursday, January 27 at 2:30 PM**  
Activities Committee in the Family Room. All are welcome to come and discuss activities at Maple Crest. New ideas are appreciated.

**Friday, January 28 at 1:00 PM**  
Grace Again in the Patio Room. Willie and Rodi Longenecker, from Ontario, Canada will present a concert of gospel music that is accompanied by beautiful slides of scenery from Canada. Their ministry is focused on seniors, and residents have enjoyed their program at Primitives and at the Mennonite Memorial Home.

# WHAT'S HAPPENING AT MAPLE CREST!

Continued

## **Monday, January 31 at 1:30 PM**

ONU Northerniares in the Patio Room. Be entertained by the Ohio Northern University's vocal jazz ensemble. This group of eight singers performed at the Ohio Vocal Summit at Tiffin University where they were rated the top vocal jazz ensemble! They are directed by professor Dennis Kratzer. Invite family and friends to join you for their concert!

**NOTE:** A January Date for "Food and Fellowship" at Bluffton University will be determined when the students return from Christmas break. Flyers with details will then be distributed.

## **NOTE: Wednesdays at 10:00 AM**

Coffee Time! (for men) in the Orchard Dining Room. Meet for a simple coffee hour —no food and no program —just a time to chat around small tables and enjoy each other's company. All Maple Crest men are welcome!

**NOTE:** The Bluffton University Artist Series event in January is one of the most respected brass ensembles in the United States, the Cleveland-based group called "Burning River Brass." Tickets must be purchased through the University before signing up for transportation to the concert. See the main bulletin board for further information.

## **NOTE:**

In November, we started showing a "Movie at Home" on channel 55. This takes the place of showing a movie in the West Great Room. Simply tune your television to channel 55 at 7:00 pm on Saturdays, then sit back and relax in your own home to watch the movie!

## **RECIPE shared from the Maple Crest kitchen**

### **White Chili Bean Soup**

36 oz. Northern white beans  
3 cups chicken broth  
1/4 tsp. garlic powder  
1/4 cup onion  
1/4 T. white pepper  
1/2 tsp. salt  
1/4 T. dried oregano  
1/4 T. ground cumin  
1 lbs. chicken breast, diced

1. Sauté chicken and onion. Drain off any remaining grease.
2. Place in soup pot and add remaining ingredients.
3. Simmer one hour. Best served with course bread.

## **Keep in mind ~**

The Bluffton Public Library has informed us that during the winter months if the county is placed on a Level 1, 2, or 3 snow emergency, all outreach services are cancelled. If this happens on a day they are to come to Maple Crest, they will try to re-schedule for the next possible date. We will inform you as soon as we receive news of any changes.

## **SAVE THESE FEBRUARY DATES:**

Fri., Feb. 11 from 4:30-6:30PM— Pie Baking Contest and Spaghetti Dinner!

Mon., Feb. 14 (Time to be announced)— Valentine's Day Party!

# WHAT'S HAPPENING AT MAPLE CREST!

Continued

*Our sympathy to the families of :  
Bill Phillians and Jim Szabo  
on their loss.*

## RESIDENT MOVES

Esther Luginbuhl — MMH

Carl Wolf — N125

## NEW RESIDENTS

Wanda Pannabecker — W147

*Welcome to the Maple Crest Family!*

## **Welcome to the Mennonite Memorial Home:**

Alice Anspach  
Hazel Bash  
Richard Kain  
Leonard Kingsley  
Alice Ramseyer  
Darrel Skinner

*The staff of Maple  
Crest sends you  
warm wishes for a  
happy and blessed  
New Year!*

## Proper Disposal of Prescription Drugs Federal Guidelines:

- Do not flush prescription drugs down the toilet or drain unless the label or accompanying patient information instructs you to do so.
  - To properly dispose of prescription drugs, you may follow the steps below.
1. Take your prescription drugs out of their original containers.
  2. Mix drugs with an undesirable substance, such as cat litter or used coffee grounds.
  3. Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
  4. Conceal or remove any personal information, including the prescription number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off.
  5. Place the sealed container with the mixture, and the empty drug containers, in the trash.

**If you would like any additional reading material or have questions, please stop by the office.**



# *Soldier on for Christ*

I once asked in Bible study the question, “How can we be soldiers for Christ?” A resident said, “Live a good Christian life like God wants us to.” That is a good answer. One of the definitions of “soldier” in the dictionary is “to push doggedly forward”. The word soldier occurs eleven times in the Bible. Four of them mean that the Christian should soldier on for the Lord Jesus.

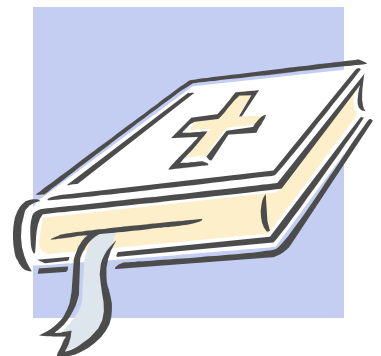
The Christian moves doggedly forward in the new year and in life, armed with the Bible promise that God will be with us every moment, whether on smooth roads or on rough country roads. Living a good Christian life means doing our best to obey the great commandment, love God and love our neighbor.

A good resolution for the New Year would be to read the Bible each day in earnest. A devotional writer said three things happen as we read the Word: (1) We hear the voice of God; (2) We share in God’s grace; (3) We become more like Jesus Christ. These are three good reasons for absorbing the Word and storing it in our heart. Burnetta Moser, a former resident, used to say, “Once the Word is in our heart, no one can take it from us.”

Another devotional writer challenged the reader with the question, “Do you read the Bible because you feel obligated to, or do you read it because you thirst for the message God wants you to receive?” When I read this, I felt guilty because sometimes my mind wanders while I read the Bible and I don’t focus on what the text is saying. I’m trying to do better.

I saw a sign that said, “The victory is not always to the swift, but to those who keep moving.” May we in the next year keep moving in our Christian journey toward the ultimate goal, preparing for eternal life. But let us also enjoy life in the present. God wants us to do that. Enjoy 2011 and keep moving!

In Christ,  
Bill Herr, Chaplain





# JANUARY BIRTHDAY PARTY

Friday, January 7

2:30 PM

Rose Dining Room

Come and Celebrate!

## JANUARY BIRTHDAYS

|                 |      |
|-----------------|------|
| Eloise Schick   | 1/2  |
| Richard Cookson | 1/6  |
| Nelsy Herbert   | 1/9  |
| Linda Cherry    | 1/14 |
| Stacey Michel   | 1/16 |
| Luquetta Lehman | 1/27 |
| Mary Huffer     | 1/30 |