

**LUNCH PROVIDED BY THE DOUGH HOOK**



**Healthe Habits  
for Living  
*invites you to  
a free luncheon at  
Bluffton Senior  
Center -132 N. Main St.***

**Christine  
Schroeder,  
MOT, OTR/L**

**Learn how  
to become a  
healthier you!**

**Tuesday,  
Nov. 14,  
Noon-1 pm**

**Healthe**  
HABITS FOR LIVING

**120 Main St. • Suite A  
Bluffton  
[www.ellerbrockspine.com](http://www.ellerbrockspine.com)  
**419-358-2222****