

Elementary & Middle School Lunch Menu

November 2012

Monday		Tuesday	Wednesday	Thursday	Friday
29	Oct	30	31	1 Nov	2
Hot Dog Baked Beans Peaches Milk MS Ala-Cart: Chili Cheese Dog		Soft Taco w/ Beef & Cheese Romaine Lettuce Salad Black Beans Banana Milk MS Ala-Cart: Nachos w/ Cheese	Turkey Wrap Cucumbers w/ Ranch Mixed Fruit Milk MS Ala-Cart: Spinach Dip	Spaghetti w/ Meat Sauce String Cheese Toss Salad w/ FF Italian Sherbet Cup 1/2 Apple Milk MS Ala-Cart: Luke's Pizza	Pizza French Fries Fresh Grapes Milk MS Ala-Cart: Hot Wings
5		6	7	8	9
Shredded Chicken Sandwich Green Beans Strawberries Milk MS Ala-Cart: Soft Pretzel		Hamburger w/ lettuce, tomato & dill pickle Corn Mixed Fruit Milk MS Ala-Cart: Funnel Cake	Burrito Bowl: Chicken, Brown Rice, Romaine Lettuce, Black Beans, Tomato & Corn Salsa Apple Milk MS Ala-Cart: Nachos & Cheese	Turkey Sandwich Chili Soup w/ Crackers Pears Milk MS Ala-Cart: Tuna Salad	Pizza Spinach Salad Cherry Crisp Milk MS Ala-Cart: Chicken Nuggets
12		13	14	15	16
Hot Dog Sugar Snap Peas or Baked Beans Applesauce Milk MS Ala-Cart: Chili Cheese Dog		Chicken Breast Strips Romaine Salad w/ Ranch, Mandarin Oranges, Dried Cranberries Breadstick Milk MS Ala-Cart: Chips & Salsa	Popcorn Chicken Cucumbers & Celery w/ Ranch Roll Banana Milk MS Ala-Cart: Cheese Breadstick	Turkey Wrap Carrots w/ Ranch Apple Milk MS Ala-Cart: Lukes Pizza	Pizza Corn Pears Milk MS Ala-Cart: Hot Wings
19		20	21	22	23
Chicken Soft Taco Refried Beans or Toss Salad Mixed Fruit Milk MS Ala-Cart: Nachos & Cheese		NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
26		27	28	29	30
Hot Dog Carrots w/ Ranch Pears Milk MS Ala-Cart: Chili Cheese Dog		Chicken & Noodles Green Beans Strawberries Milk MS Ala-Cart: Mashed Potatoes w/ Gravy	Pancakes Sausage Link Tator Tots Banana Milk MS Ala-Cart: Chicken Salad	Beef Vegetable Soup w/ Crackers String Cheese Romaine Salad Apple Milk MS Ala-Cart: Lukes Pizza	Nachos w/ Chicken & Cheese Black Bean Salsa Pineapple Milk MS Ala-Cart: Chili Soup

